



# A Letter to Your Partner



## How to Talk About Money

Take notes about each of the following prompts, then write a letter to your partner on the second page. Have your partner write a letter to you as well.

Talking about money is difficult, but sharing about your financial experiences, fears and hopes can help partners understand how to support each other.

### Family background

### Notes

How did you feel about money in your childhood? Did your family prefer to spend or save? Did you feel secure with the amount of money your family had?

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### Hopes and dreams

### Notes

What do you hope to accomplish financially? What are your financial goals? What would make you feel satisfied financially?

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### Fears and worries

### Notes

What aspects of finances concern you? How could a relationship derail your financial goals? What could go wrong financially?

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### Financial history

### Notes

What financial history will you bring to a relationship? What's your experience with credit, debt and savings? Can you be financially supportive?

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